

Bentley University Falcons

2009-10 Men's Indoor Track

2009-10 Indoor Top Times

55 Meters

6.74 Mike Vatti Reebok Boston Indoor Games
6.90 Abbas Tapal Reebok Boston Indoor Games

60 Meters

7.44 Chris Payne Harvard Open
7.65 Grant Nolan Harvard Open
7.75 Josh Mahoney Harvard Open
7.78 Josh Mahoney GBTC Invitational
7.98 Shawn Paquin Harvard Open

200 Meters

22.41+ Mike Vatti BU Valentine Invitational
22.63 Mike Vatti NU Jay Carisella Inv.
22.68 Mike Vatti Harvard Open
22.81 Mike Vatti Reebok Boston Indoor Games
22.98 Mike Vatti GBTC Invitational
23.77 Chris Payne NU Jay Carisella Inv.
23.85 Abbas Tapal Reebok Boston Indoor Games
23.91 Abbas Tapal GBTC Invitational
24.22 Bryan Carton GBTC Invitational
24.24 Jeff Pineda Harvard Open

24.30 Chris Payne Harvard Open
24.39 Shawn Paquin Harvard Open
24.43 Andrew Gauthier Harvard Open
24.50 Derek Sit GBTC Invitational
24.61 Jim O'Connor Reebok Boston Indoor Games
24.88 Tim Walant GBTC Invitational
24.96 Mark Mele NU Jay Carisella Inv.
25.25 Grant Nolan NU Jay Carisella Inv.
26.06 Mike Rossi GBTC Invitational

400 Meters

49.49 Mike Vatti BU Valentine Invitational
49.83 Mike Vatti NU Jay Carisella Inv.
50.31 Mike Vatti Yale Giegengack Inv.
50.52 Mike Vatti GBTC Invitational
50.67 Mike Vatti Reebok Boston Indoor Games
51.40 Abbas Tapal Harvard Open
51.42 Abbas Tapal NU Jay Carisella Inv.
52.10 Abbas Tapal BU Valentine Invitational
52.14 Andrew Gauthier Harvard Open
52.16 Abbas Tapal Yale Giegengack Inv.

52.22 Bryan Carton BU Valentine Invitational
52.55 Adam Habansky NU Jay Carisella Inv.
52.71 Dan Fava GBTC Invitational
52.81 Jeff Pineda Harvard Open
53.77 Dave Kusmin NU Jay Carisella Inv.
53.90 Grant Nolan NU Jay Carisella Inv.
54.11 Chris Payne NU Jay Carisella Inv.
54.11 Shawn Paquin Harvard Open
54.29 Casey Green NU Jay Carisella Inv.
54.75 Andrew Foley BU Valentine Invitational

55.03 Mark Mele NU Jay Carisella Inv.
55.04 Josh Mahoney Harvard Open
55.39 Derek Sit NU Jay Carisella Inv.
57.26 Mike Rossi GBTC Invitational

500 Meters

1:06.38 Mike Vatti Harvard Open
1:10.70 Casey Green Harvard Open
1:11.70 Andrew Foley Harvard Open
1:14.01 Andrew Foley Northeast-10 Champ.

800 Meters

1:54.24 Curtis Trueb New England
1:55.47 Curtis Trueb Northeast-10 Champ.
1:55.88 Curtis Trueb BU Valentine Invitational
1:59.17 Dan Fava Reebok Boston Indoor Games
1:59.53 Dan Fava Harvard Open
1:59.87 Bryan Sutherland BU Valentine Invitational
2:01.40 Dan Fava GBTC Invitational
2:03.00 Jon Dugas BU Valentine Invitational
2:03.23 Chris Letourneau Harvard Open
2:03.27 Mike Primes BU Valentine Invitational

2:03.96 Jordan Parkinson Reebok Boston Indoor Games
2:08.02 Casey Green GBTC Invitational
2:08.15 Andrew Foley NU Jay Carisella Inv.
2:15.44 Ryan Salvo GBTC Invitational

1000 Meters

2:31.38 Dan Fava New England
2:31.93 Dan Fava Northeast-10 Champ.
2:34.63 Dan Fava BU Valentine Invitational
2:35.77 Dan Fava New England

Mile

4:10.63\$ Dan Darcy GBTC Invitational
4:11.08 Dan Darcy BU Valentine Invitational
4:26.50 Curtis Trueb Harvard Open
4:27.27 Rob Dextrateur Yale Giegengack Inv.
4:27.60 Dan Fava Harvard Open
4:28.17 Dan O'Connell BU Valentine Invitational
4:28.34 Dan Fava NU Jay Carisella Inv.
4:29.13 Bryan Sutherland Reebok Boston Indoor Games
4:29.87 Dan O'Connell NU Jay Carisella Inv.
4:30.02 Mark Jordan NU Jay Carisella Inv.

4:32.16 Craig Robinson Reebok Boston Indoor Games
4:33.31 Steve Bergantino GBTC Invitational
4:35.51 Sean Reagan BU Valentine Invitational
4:37.88 Rob Hennesy NU Jay Carisella Inv.
4:45.13 Robby Ballenthin GBTC Invitational
4:46.01 Ryan Salvo Harvard Open
4:46.13 Chris Letourneau NU Jay Carisella Inv.
4:51.05 Derek Breen GBTC Invitational
5:00.47 Tomar Gat GBTC Invitational

3000 Meters

8:38.18 Rob Dextrateur BU Valentine Invitational
8:46.56 Rob Dextrateur GBTC Invitational
8:49.44 Rob Dextrateur New Englands
8:49.60 Craig Robinson BU Valentine Invitational
8:53.85 Rob Dextrateur NU Jay Carisella Inv.
8:59.29 John Drago BU Valentine Invitational
8:59.64 Craig Robinson GBTC Invitational
9:00.62 Andy Watson NU Jay Carisella Inv.
9:00.93 Steve Bergantino NU Jay Carisella Inv.
9:02.70 John Drago Harvard Open

9:04.53 Bryan Sutherland GBTC Invitational
9:05.17 Steve Spittler Northeast-10 Champ.
9:08.11 Robby Ballenthin BU Valentine Invitational
9:10.42 Teddy Farley NU Jay Carisella Inv.
9:14.86 Curtis Trueb NU Jay Carisella Inv.
9:15.24 Gabe Campbell Harvard Open
9:21.56 Sean Maguire Harvard Open
9:24.19 Sean Reagan GBTC Invitational
9:24.54 Dan O'Connell GBTC Invitational
9:24.82 Ryan Cavanaugh Harvard Open
9:25.96 Sean Reagan NU Jay Carisella Inv.
9:29.90 Tom Witherell GBTC Invitational
9:30.16 Steve Gendron GBTC Invitational
9:32.92 Derek Breen Harvard Open
9:56.44 Dan Biales Harvard Open

5000 Meters

15:13.35 ... Rob Dextrateur BU Terrier Inv.
15:21.90 ... Rob Dextrateur Northeast-10 Champ.
15:28.39 ... Steve Bergantino BU Terrier Inv.
15:30.95 ... John Drago Northeast-10 Champ.
15:32.59 ... Rob Dextrateur Harvard Open
15:34.81 ... Steve Bergantino Harvard Open
15:43.75 ... Sean Reagan Northeast-10 Champ.
15:44.28 ... Craig Robinson Northeast-10 Champ.
15:48.49 ... Teddy Farley Harvard Open
15:48.77 ... Steve Bergantino New Englands

15:48.98 ... Robby Ballenthin Northeast-10 Champ.
15:51.29 ... Gabe Campbell Northeast-10 Champ.
15:56.72 ... Steve Spittler Reebok Boston Indoor Games
15:57.14 ... Tom Witherell Reebok Boston Indoor Games
16:11.86 ... Sean Maguire Reebok Boston Indoor Games
16:17.89 ... Steve Gendron Northeast-10 Champ.
16:30.42 ... Derek Breen Northeast-10 Champ.
16:46.58 ... Ryan Cavanaugh NU Jay Carisella Inv.
16:47.35 ... Steve Spittler NU Jay Carisella Inv.

55 Hurdles

8.09 Jim O'Connor Northeast-10 Champ.
8.11 Jim O'Connor New Englands
8.13 Jim O'Connor Northeast-10 Champ.
8.28 Jim O'Connor BU Valentine Invitational
8.30 Tim Walant Northeast-10 Champ.
8.36 Tim Walant Reebok Boston Indoor Games
8.36 Tim Walant BU Valentine Invitational
8.42 Jim O'Connor Reebok Boston Indoor Games
8.64 Jim O'Connor NU Jay Carisella Inv.

60 Hurdles

8.87 Tim Walant GBTC Invitational
8.99 Tim Walant GBTC Invitational
9.29 Jim O'Connor Harvard Open

4x400 Relay

3:24.44 New Englands
(Carton, Tapal, Gauthier, Fava)

3:26.67 NU Jay Carisella Inv.
(Tapal, Habansky, Gauthier, Vatti)

3:27.80 Northeast-10 Champ.
3:33.17 NU Jay Carisella Inv.

4x800 Relay

7:55.12 New Englands
(Sutherland, Parkinson, Trueb, Dugas)
8:28.38 Northeast-10 Champ.

Distance Medley Relay

10:49.14 BU Valentine Invitational
(Fava, Vatti, Trueb, Sutherland)

Long Jump

20'10.75" .. Dave Kusmin Harvard Open
20'10.75" .. Dave Kusmin GBTC Invitational
20'8.5" Dave Kusmin Northeast-10 Champ.

Triple Jump

43'9" Dave Kusmin New Englands
43'1.5" Dave Kusmin NU Jay Carisella Inv.
42'11.5" ... Dave Kusmin Northeast-10 Champ.
42'8.75" ... Dave Kusmin GBTC Invitational
42'2.75" ... Dave Kusmin BU Valentine Invitational

Shot Put

45'10.75" .. Steven Long Reebok Boston Indoor Games
44'4.25" ... Steven Long Northeast-10 Champ.
43'5" Steven Long NU Jay Carisella Inv.
43'1.5" Steven Long BU Valentine Invitational
42'55" Steven Long GBTC Invitational
41'7.25" ... Steven Long Harvard Open
41'3" Marcus Chang NU Jay Carisella Inv.
39'10.5" ... Greg Brown Harvard Open
38'8.75" ... Greg Brown NU Jay Carisella Inv.
38'0.25" ... Marcus Chang Harvard Open

37'11.25" .. Erik Ginthwain Harvard Open

Weight Throw

41'0.25" + . Greg Brown BU Valentine Invitational
39'8" + Erik Ginthwain BU Valentine Invitational
39'4.5" Greg Brown Northeast-10 Champ.
38'7.75" Erik Ginthwain Northeast-10 Champ.

+ School record
\$NCAA Div. II provisional qualifier